



# Direct Primary Care plus

A Coast-to-Coast Healthcare Membership™ through Healthcare2U

Healthcare2U is a nationwide Direct Primary Care (DPC) organization that provides members with access to excellent primary medical care, wellness and chronic disease management. Our Direct Primary Care plus (DPCplus) membership<sup>1</sup> lowers an organization's overall healthcare expenses by implementing a Patient Advocacy Line (PAL) that navigates every member through their care options within our Private Physician Network (PPN)™ and beyond. By providing one point of contact for their healthcare journey, members are navigated through a confusing system by a certified PAL. Eligible members<sup>2</sup> receive the unlimited services listed below by contacting Healthcare2U's PAL concierge during business hours.<sup>3</sup>

### Concierge & Patient Advocacy

Healthcare2U acts as a member's personal concierge through our bilingual Patient Advocacy Line (PAL)™. PAL is staffed by certified medical professionals who navigate care options and book appointments for our members and eligible participants.

### In-Office Primary Care

Unlimited doctor visits with a \$10 visit fee.

Unlimited urgent care visits with a \$25 visit fee.

Annual physical<sup>4</sup> with four labs: complete metabolic panel (CMP), complete blood count (CBC), thyroid stimulating hormone (TSH) and lipid panel.

### 24/7 Virtual Primary Care

Unlimited access to bilingual licensed medical providers online or by phone, 24/7/365 for minor illnesses and injuries at \$0 out of pocket cost to members.<sup>5</sup>

### Chronic Disease Management

Unlimited treatment and management of 13 chronic disease states for the same \$10 visit fee. Healthcare2U accepts preexisting conditions within manageable ranges,<sup>6</sup> including:

- |                |            |              |
|----------------|------------|--------------|
| Anxiety        | CHF        | Fibromyalgia |
| Arthritis      | COPD       | GERD         |
| Asthma         | Depression | Gout         |
| Blood Pressure | Diabetes   | Hypertension |
|                |            | Thyroid      |

## Interested in lowering overall healthcare expenses?

Healthcare2U can be implemented in organizations of all sizes and structures

member only <b>\$45.00</b>	member + spouse <b>\$90.00</b>	member + child(ren) <b>\$135.00</b>	member + family <b>\$180.00</b>
-------------------------------	-----------------------------------	--	------------------------------------

<sup>1</sup> Healthcare2U's Direct Primary Care (DPC) is a healthcare membership. DPC is not insurance and does not satisfy ACA minimum essential coverage.

<sup>2</sup> Individuals ages 2 to 65 are eligible for Healthcare2U's DPC membership. Dependents under the age of two are not eligible to enroll for Healthcare2U. Dependent children are eligible for membership until the last day of their 25th year. Individuals are eligible for membership until the last day of their 64th year.

<sup>3</sup> No walk-ins allowed. Unlimited services (including Virtual DPC/telehealth) must be accessed through Healthcare2U's Patient Advocacy Line (PAL)™ and all care is provided through our physician network. In-office appointments are only available within business hours (Monday through Friday, 7 AM to 6 PM CST). Our PAL may direct the member to another level of care if appropriate, depending on the member's condition and utilization of services. Applicable visit fees apply. After hours? Members have the option to speak to a physician virtually.

<sup>4</sup> Well-woman pap smear pathology interpretation is not included in the annual physical. Dependent on membership type, the annual physical may only be accessible after six consecutive months of membership.

<sup>5</sup> Telehealth and discount programs are provided through third-party organizations and are not connected to Healthcare2U. Contact your agent for more information.

<sup>6</sup> Healthcare2U does not provide specialty care outside of our partner-physician clinics. If Member currently sees a specialist for an advanced disease state, we do not recommend leaving that specialist.