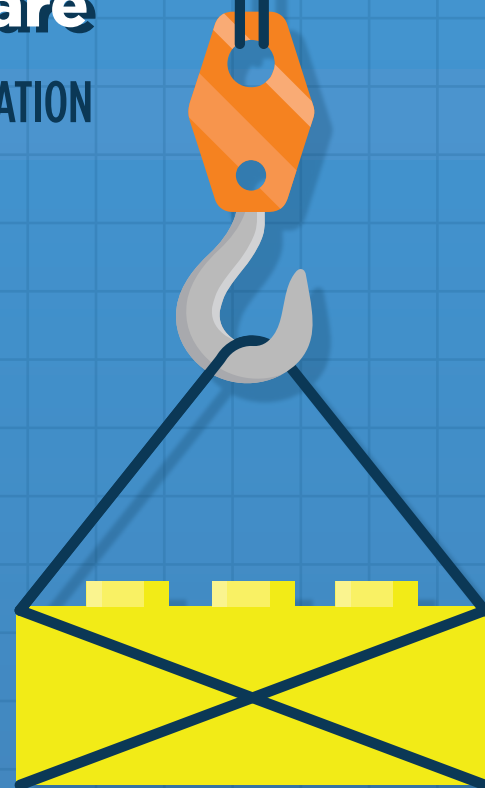


ABC's of DPC

The Building Blocks of Healthcare

BUILDING A BETTER FUTURE BEGINS WITH A PROPER FOUNDATION



Primary Care is the entry point into the healthcare system and is often referred to as the foundation of healthcare.

Primary Care Physicians (PCPs) treat a range of acute illnesses and are the first to see early signs of chronic diseases, cancer, or many other issues like depression. These physicians guarantee patients receive the right care in the right setting and establish a trusting relationship that inspires patients to participate in their health and wellness and seek care quicker when new issues arise.

Now imagine unlimited access to your primary care physician when and where you need them. By eliminating barriers to primary medical care, Direct Primary Care (DPC) memberships allow affordable and convenient access to services on which members depend. The three blocks below establish the baseline for DPC memberships and guarantee the successful delivery of primary medical care.

BETTER PATIENT EXPERIENCE

With DPC, patients receive unrestricted access to physicians through multiple services included in the membership

Common benefits include comprehensive primary services, such as routine care, regular checkups, preventative care, and care coordination

LOWER CARE COSTS

For care performed within the DPC environment, there are no claims generated on the employer's health plan, and there are no bills for members after receiving care

MONTHLY MEMBERSHIP FEE

A review of **116 DPC practices** found that average fees were

\$77.38 month

but can be as low as \$45

Source: <https://www.jab-fm.org/content/31/4/605>

BETTER EMPLOYEE HEALTH

Patients achieve superior health outcomes with DPC's personalized service delivery

EMPLOYEES ENROLLED IN DIRECT PRIMARY CARE HAVE:

59% fewer ER visits

62% less referrals to specialists

65% fewer radiology exams

80% fewer surgeries

Source: benefitspro.com/2018/10/12/direct-primary-care